

page 13





Vol. 10 Issue 5

## Car break-ins rise

SM2 Jeffery E. Wright Naval Station Security

In the past few weeks there has been an increase in the number of break-ins to motor vehicles in the Rota community and surrounding areas. Last month, five cars in Rota were broken into, and one car in El Puerto de Santa Maria, and one car on base were also burglarized. To prevent future incidents, Security recommends some key things to remember when leaving your car unattended:

Ensure that everything is out of the car

see BREAK-INS

#### NCA evaluates DGF

Heather King Navarrete Rota Coastline

During their out brief, Thursday, Feb. 9, the North Central Association (NCA) accreditation team issued no school citations and praised DGF Elementary's safe and friendly environment, and the staff's dedication and professionalism. The team also offered recommendations to improve the school's School Improvement Process (SIP), a plan that gives school-wide direction for improvement in reading, technology, math, and problem solving.



see EVALUATION

### NMCB-40 assumes duty. NMCB-133 heads home

Naval Mobile Construction Battalion 40 (NMCB) assumed duties as the theaterready battalion this week.

In Rota, Estonia, Moldova, Tunisia, Senegal, Souda Bay, London, Sigonella, Naples, and Thurmont, NMCB-133 directly supported operational units and significantly enhanced the quality of life for Soldiers, Sailors, and Marines in the European theater, said Capt. Ronald Hertwig, Commadore, 22 Naval Construction Force

The "Kangroos" were tasked with 34 operationally significant projects and pro-vided over 21,800 man-days throughout the European theater, said Hertwig.

NMCB-133 returned to Gulfport, Miss. after completing a seven-month deployment in Rota

## Galley construction to be completed in Sept.

Story by JO2 Ricky Allen Rota Coastline

Construction is currently underway for the base Galley's new facilities. The new facilities will provide a better work area for Galley personnel, and better service for its patrons.

The construction began last November 1999, with the idea being that the new facilities would be constructed in three phases. Phase one consisted of constructing a new dry storeroom to house the new freezers and refrigeration equipment. Phase two included the construction of a new galley and supply area, leaving phase three, the construction of a new serving line and scullery. Construction was to be completed no later than this spring. However, there have been a few unexpected jobs that have to be completed before completion of the new facilities. This will extend the

# Rise in upper-respiratory illnesses seen on base

Heather King Navarrete Rota Coastline

With nearly 10 hospitalizations this winter, physicians at Naval Hospital, Rota, are marking this season as their busiest in recent years for treating secondary upper-respiratory infections associated with the Respiratory Syncytial Virus (RSV).

"What we're seeing is that this particular strain is very virulent," said Lt. Cmdr. (Dr.) Paul Reed, pediatric physician, "causing significant bronchiolitis and pneumonia.

"We've unfortunately had many kids who have been very sick," he said, "but that doesn't mean that all infants will be ill."

Although RSV is more serious for children under six-months-old, RSV is the virus that is responsible for many cases of the common cold, said Reed, and in older children the virus strikes less harshly.

"There are several kids out there who have RSV, but iust need to wait out the mild or moderately bad cold," he said. "Most kids won't suffer from RSV. The older they get, the less likely they are to suffer from a complication [of the illness]."

However, this year, those who are getting sicker, are getting much sicker with the virus, said Reed. In children who are suffering from the common cold, it is important see ILLNESS page 6

to look for signs of a complicated infection, such as bronchiolitis or pneumonia, which requires professional, medical intervention. The signs of a more severe illness that need to be brought to the attention of a medical professional are when a child is:

- breathing fast for a prolonged period of time.
- listless, or showing little interest in surrounding activi-
- looking tired, or sleeping for longer periods of time.
- less interactive.
- not eating well, especially when bottle or breast-fed.

For those children who are just suffering from a common

# **E** danger to kids, dogs AIRY MENACI



The 'hairy menace' is back again. Fiberglass-like hairs on the pine processionary moth can cause an irritable, itchy rash on humans. Parents of young children and dog owners should be aware of this type of caterpillar, because both dogs and children have been known to eat the insects, causing its fiberglass-like hairs to become lodged into the tongue. Many dogs have already been treated, this year, for ingesting the insects. In some dogs, it has resulted in a partial loss of the tongue. If anyone notices a nest of caterpillars in their yard or near a playground, they should call Public Works pest control at ext. 2740.



In August and September the moth lays eggs in umbrella pine tree needles. After hatching, the larvae congregate together and form a nest where they develop until springtime and come out as caterpillars.

At this stage of their metamorphosis, they eat the pine needles and eventually make their way down the umbrella pine - in a procession to bury themselves and form a cocoon. This is the stage where many children and pets try to play with them.

Most of the caterpillars are burrowed into the ground by the end of March.



After burrowing into the ground, the processionary moth forms a cocoon and stays there until it emerges as a moth in summer and starts the process over again in August and September.



Coming into contact with the caterpillar isn't really dangerous for humans, but getting a secondary infection as result of contact could become dan-

# WEATHER







Partly Cloudy





Mostly Cloudy

# THIS WFFK







We have had a big turnover that just took place and I'd like to take this opportunity to express our appreciation on behalf of the entire Rota community. This morning, the last group of Seabees from NMCB-133 hopped onto a plane and left Rota, headed back to their families and friends in Gulfport. Mississippi. The "Kangroos" of 133 arrived last summer and have since made a tremendous contribution to the base and local communities during their seven-month deploy-Some of the most apparent contributions are: the renovation of the Hay Motivo club, building a new boat ramp at the port, paving the entrance road to the drive-in movie theater, constructing a new BEO roof, the enhancement project at the Rota city park just outside the Rota gate, the Youth Sports Complex basketball courts foundation and sprinkler system, fencing around the water reservoir, Bldg. 160 renovation for the SEALs, repairs to the flight line gates and magazines, and repairs to Pier

The "Kangroos" also participated in all of our big community events: the POW/MIA run, National Night Out, the Halloween haunted trail, the Navy Ball, the Christmas Parade, and most of the Captain's Cup events. To Cmdr. Kate Gregory, the CO of NMCB-133, and all of her personnel, I thank you once again from a grateful community.

You have left us with great memories of 133.

I would like to welcome Cmdr. Mason Crum and all the Seabees of NMCB-40 from Port Hueneme, CA. As you embark on your deployment to sunny, southern Spain, and other points in and around the Mediterranean, I extend to you the warmth and support of the Rota community. We are looking forward to building a close relationship with

While I'm on the subject of turnovers, I'd like to bid farewell to the outgoing CO of NSUW-10, CDR Don Beem. It has been a pleasure working with you Don over the past year. I have enjoyed the opportunity to gain a better appreciation of the capabilities and character of the SEALs. Thanks for the education and the fun. And a hearty welcome to CDR John Houfek, who will soon have the pleasure and challenge of being in charge of NSUW-10. Best of luck to you

As most of you are well aware, this is Black History Month. Well, I want to tell ya, SSgt Mark Springer has organized a number of wonderful events to highlight the contributions of African Americans to our great country. I had the pleasure of attending the "Service of Remembrance and Recognition" at the base chapel the evening of February 7th. That was one of the most educational and entertaining evenings that I have had in a long time. The program was very well done, and I'd like to thank the entire cast for the time and effort dedicated to that outstanding production.

I'd like to ask you to pay closer attention to your speed on the base. I have noticed too many "wild" drivers, particularly in housing, and particularly on two-wheeled motor vehicles. I have instructed to the Security Department to clamp down... speeders beware!

Enjoy the 3-day weekend, be safe, and keep your priorities in order.

# As Commander in Chief, Bush pledges additional \$5.7 billion for 2002

President George W. Bush announced Feb. 12 a significant increase in funding for quality-of-life issues affecting U.S. service members

Speaking to a group of roughly 6,000 3rd Infantry Division soldiers and their family members, Bush pledged an additional \$5.7 billion in 2002 to be spent between military pay increases and improving military housing and healthcare.

The president got a rousing round of applause when he announced he plans to spend \$1.4 billion on a pay raise for service members — "pay increases on

top of the increases the Congress passed (during) the last couple budget cycles," he

Bush also said he plans to spend \$400  $million\,on\,military\,housing\,and\,an\,additional$ \$3.9 billion to improve healthcare.

But he really gained the crowd's support with a well-timed "hoo-ah!" The soldiers' responding shout was deafening.

"Because of you, America is secure. Because of you, the march of freedom continues," Bush said, "Our nation can never truly repay our debt to you. But we can give you our full support, and my administration will.'

### RECOGNIZED

The Navy College Learning Center would like to recognize the following students who completed courses in January: GSE1 Thomas Bird, Beginning Algebra, Family Member Maria Pilar Garcia , FASTRACK Language Arts, YN2 (SCW) Ronald Link FASTRACK

# Looking

Feb. 17, 1961 Rotando reported: The Ladies Golf Association is looking for ladies to compete in their Tuesday tournaments. Cost is 25 cents.

Feb. 17, 1971 El Rotando reported: Naval Station Sailors used three tugboats and one helicopter to fight a fire on a Spanish freighter in the port of Cadiz.

Feb. 13, 1981 Jack Tar reported: The USS Saipan is in port for desnailing before their return to Norfolk, Va.

Feb. 15, 1991 Coastline reported: NMCB-1 holds a blood drive at Camp Mitchell in support of Operation Desert Storm.

Feb. 17, 2000 Coastline headlines: Naval Station and 10 tenant commands were awarded the Navy Unit Commendation, the Hospital wins tri-service 'Customer Satisfaction' award, and self-help wins Bronze Hammer award.

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Volunteers Mary Caruso Sharla Self

# Tell us what you think

Rota Coastline welcomes your comments on Letters to the Editor. stories and features published in the newspaper. We also welcome letters on topics of importance to the local community. All letters must be signed, but, Rota Coastline will withhold names from publication if requested. We reserve the right to edit

Email: coastline@navsta.rota.navv.mil 956-82-1021

Mail: Coastline PSC 819 Box

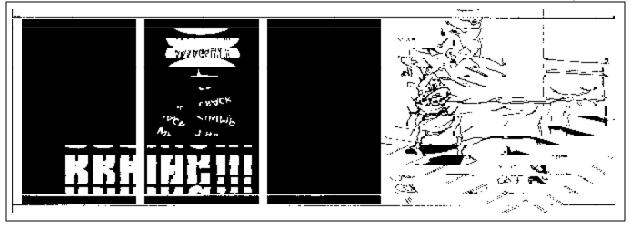
# Recognitions

If there is someone you would like to recognize for a job well done, submit your recognition to: coastline@navsta rota navv mil



If there is someting you would like to let the community know about, something unique to your command, or something about the base, please contact the Coastline at ext. 3786

JO3 DENNY LESTER, tetrapods@hotmail.com



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# #Full Page

### **LETTERS**

# Are Sailors perfect citizens?

short article entitled, "Bus Vandalism on Base," that appeared on the front page of the Feb. 1 issue of the Coastline. As a teacher at DGF High School, I was extremely disappointed in the tone of the article.

While I am certain that the vandalism is very real, I was offended by the comment, "...it's not the Sailors. It's the teenage kids from the school." [Just an aside, why is the word sailors capitalized? What kind of message is this meant to send?] Are we to believe ALL sailors are perfect citizens, incapable of any vandalism? Does this mean that any and all Teenagers who ride the Shuttle are incorrigible juvenile delinquent vandals?

Please don't forget that many sailors are just a year or two older than our students. As a matter of fact, some of them even graduated from DGF. After more than 25 years of teaching Teenagers, I know that they are not perfect and that some are quite capable of vandalism or worse. However, I also know that the great majority of Teenagers, including those who attend would not damage or deface the tion.

property of others. I am also old enough to know that there are people in all age groups who would deface the buses. If the personnel at Public Works are so certain about who is doing this damage, then they should confront and prosecute them. For someone to publish a general statement blaming all DGF Teenagers for the vandalism of a few unknowns is an insult to our students.

I know that our students appreciate the Shuttle. I hope that this convenient and valuable service will not be suspended because of the actions of a few. I hope that all efforts will be made to catch and punish the guilty parties. Finally, I hope that the negative, narrowminded and outdated view of Teenagers is not shared by the majority of people on NAVSTA Rota. The great majority of our students are outstanding young adults who deserve our respect and support. They also deserve an apology. Michel Schadt

Editors note: The word Sailor is capitalized in accordance with a DGF, are very good people who 1994 Secretary of the Navy instruc-

# Grahams send thanks

The Graham family wishes to extend our heartfelt appreciation for the overwhelming support and generosity we have received from the Rota community.

All of the homemade dinners, gifts, and visits have helped during this difficult time. Words cannot express how we have been touched by everyone's thoughts and prayers. Thank you all for making a difference.

#### Equal opportunity, same privileges for Spanish spouses

The agreement between the United States and Spain does not allow command sponsored Spanish spouses to work on the base. In order to obtain a U.S. position they must renounce their Spanish citizenships and become U.S. citizens. In order to obtain a Spanish position, they must give up command sponsorship and turn in their T.E.I. card (commonly known as our "Spanish ID"). The loss of their command sponsorship results in the loss of Exchange and Commissary privileges as well as limited access to the base

Why? Because they're Spanish? This is DIS-CRIMINATION. Many of these military spouses have lived and worked in the U.S., paid taxes, and have "green cards" and social security numbers. They are subject to the same hardships as other military spouses. They deserve the same privileges, fair treatment, and equal opportunity afforded to other military spouses.

However, the agreement between the U.S. and Spain has divided the jobs on base in two: Spanish positions and U.S. positions. While I agree that hiring for the Spanish positions on base should be controlled by the Spanish, the U.S. positions should not. MWR and Exchange managers should be allowed to hire any command sponsored family member qualified for the position that they are applying for. Regardless of nationality.

In the past, when people have complained about this unfair treatment, the chain of command has stated that they must follow the rules established by the agreement between the U.S. and Spain and that "their hands were tied". We now have an opportunity to correct this injustice. The U.S. government is in the process of re-negotiating its agreement with the Kingdom of Spain.

I urge the CO, XO, CMC, and anyone else who may be able to influence this process to speak up for our fellow military and their fami-

# Second graders make presidential appeals

Who says our youth is apathetic? After reading the following letter excerpts from Ms. Chantal Batten's second grade class to President George W. Bush, anyone would be hard-pressed to argue that apathy exists in her classroom.

As part of Batten's language arts and social studies curriculum, she incorporated the presidential elections into her classroom by holding a mock-election of her own. After the president's televised inauguration, the students sent letters to President Bush.

Some students sent words of encouragement and praise, others urged the President to change their future, some were funny, and some were sweet, but all were sincere. Here are a few of the excerpts:

- I hope your plan for education happens so our schools will be better. My future is in your hands. -Kyle McCreery
- I'm glad that you're the president. I voted for Al Gore but you won. I hope you have a great time. -Micah Lvnch
- I think you are very nice. Your daughters are very pretty. - Cristina Diaz
- I hope you come to see us. I hope your family stays drug-free. - Michael Carrico
- I hope you like the White House, I wish I could come visit you. You are a very important man! -Natalie Foster
- Your speech was a dream to everyone...I hope you can bring world peace and harmony. Education is very important to me. I hope it is to you also. -Shelby Berns
- You are the Best President! Are you excited? I am excited. - Allison Miller
- Are you scared being the President? I would be scared.... Can you come to Rota, Spain? I like your family. - Vanessa Ferrazas
- I hope you don't get sick. Kenneth Bonn
- Mr. Bush now that you are the president everybody will respect you. A lot of people voted for you. Your speech was important to everyone in the world. I hope you will be a wonderful president. - Briana
- I like school really much. Did you like school when you were a little boy? - Elizabeth Fortin.

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# #Full Page

# NEWS BRIEFS

# Sailors have new detailer options

Navy Personnel Command (NPC) in Millington, nine-month negotiation window. Tenn., recently launched the Detailer Communications Initiative (DCI), a program that has significantly changed the enlisted detailing process and is designed to increase the communication between detailers and

Under this new program, detailers will contact Sailors at 12 months prior to their projected rotation date (PRD) or end of active obligated service (EAOS). Detailers will listen to the Sailor's desires for orders and career intentions, and discuss any issues that could affect orders eligibility or screening, such as exceptional family members or financial problems. This conversation, ideally brokered by the Sailor's command career counselor, is designed to give the Sailor and his or her family a good idea of what type of duty to look for once they reach their

#### **ILLNESS** Government scholarship

#### continued from cover

Students considering a career in local, state or federal government could earn up to \$1,000 for college through the Public Service Scholarship Program. The program has been offered since 1985 by the Public Employees Roundtable, said program coor-

Deadline for applications is May 18, Travers said. Undergraduate and graduate students can apply. Applicants must have a 3.5 grade point average in all college work and are required to submit a two-page essay discussing their specific career goals and vision for the future.

dinator Jocelyn C. Travers.

To obtain scholarship information and an application form, visit http://www.theroundtable.org or send a stamped, self-addressed envelope to: Public Employees Roundtable, P.O. Box 75248. Washington, D.C. 20013-5248.

At 10 months before PRD or EAOS, a short orders preparation checklist is sent to the Sailor via message, reminding them to discuss possibilities with their family, update their Page 2 dependent information, and to contact the detailer at the nine-month window. At the nine-month window, the Sailor should screen orders possibilities on BUPERS Access (http:/ /www.bupers.navv.mil) on the view-only JASS program, and call the detailer to discuss the orders they're interested in. A formal application for the orders is then made by the command career counselor on JASS. and if selected, the orders are written.

For more information on the Detailer Communications Initiative, contact your command career counselor or visit the web site at http:// www.persnet.navy.mil/pers40/dcip/.

cold, Reed warns against using multiple over-thecounter-medications to treat a child.

"I highly recommend against poly-drug therapy," said Reed. "People don't read the fine print to see what the products contain, and you could get additive side effects."

Over-the-counter medications have been proven to be ineffective in children under the age of five, according to clinical studies.

"Most products for children under the age of five are ineffective in controlling symptoms of most common colds or respiratory infections, such as a cough or a runny nose," he said. "They may cause drowsiness, but it doesn't mean that they're treating the symptoms.

# **EVALUATION**

During the appraisal portion of the out brief, Dr. Clyde Slocum, assistant executive director, NCA, said the school had the following strengths noteworthy of comment: The learning environment is safe, friendly, and purposeful; the staff is experienced, dedicated, and hard-working; there is an abundance of materials and supplies; the school grounds are aesthetically pleasing; the base commander applies importance on quality of life issues in education; the School Improvement Leadership Team provides able leadership to school improvement; important strides in the SIP have been made in the last five years; and students and parents are positive about the school, and the staff's professionalism and approachability.

The recommendations Slocum made were mainly in the area of data collection for testing the success of the SIP. He urged staff to gather data prudently, and recommended that the methods for testing a particular learning strategy be in place before the strategy itself is implemented.

He also encouraged the staff to "continue ongoing efforts" and to "keep in mind that school improvement is an ongoing process that requires patience and determination.

During an interview, Slocum said the accreditation team looks at how effectively the school utilizes their resources

"That's why the SIP is so important," he said. "Every student can learn and every [Student Improvement] process can be made better.

Virginia Parkinson, DGF Elementary teacher and SIP chairperson agrees with Slocum.

"SIP has made a notable improvement to the school," she said, "It has changed our own thought process as teachers, which makes an improvement in the education we provide to students.

"One of the really good things about SIP is that it has drawn the staff together in focusing on making improvements as a school and working towards our goals. We have come to consensus and are improving in the same direction."

Only 25 percent of elementary schools are accredited nation-wide, said Kathy Wilson, DGF Elementary guidance counselor. The accreditation process in past years has helped to build the school's resources, she said.

"Because of the NCA accreditation, we have enhanced libraries, additional resource personnel, and standardized classes," said Wilson, "All of these things are thanks to NCA.'

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#Half Page

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# NEWS BRIEFS-

# Naval Station Rota Drinking Water

Public Works Department, Utilities Division

Recently, many people have asked about the source and quality of Naval Station Rota drinking water. The station's drinking water is supplied by the Spanish Water Confederation and is the same water supplied to the cities of El Puerto de Santa Maria and Rota. The water quality is very high and meets both U.S. and Spanish drinking water standards. The water is collected at several reservoirs in the Province of Cadiz and treated at the Los Hurones (San Cristobal) treatment facility. The water is analyzed at the

treatment plant to ensure it is safe to drink before it is provided to the surrounding communities. At Naval Station Rota, the water is analyzed again to ensure it has maintained the high quality during transfer. Fluoride is added to prevent tooth decay and chlorine is boosted if necessary. The Public Works Department (PWD) also performs a variety of analyses from five sample locations to ensure the quality of water is maintained. The result of all of this effort is confidence in our product and safe, quality drinking wa-

Because of the recent near record amount of rain, water entering the res-

ervoirs contains a higher than normal level of suspended clay particles. This is a water condition referred to as turbidity. Although these levels are not visible to the eve, the analysis performed by PWD detected this condition. But not to worry; we verified the safety of the water with the Spanish authorities, and performed our own additional and comprehensive analysis performed. Water quality remains excellent. Should you have any questions regarding Naval Station Rota water distribution or treatment process, please contact PWD's Utilities Director Mr. Bob Chenevey at extension 2329.

# ARGUS milestone tracking system announced

The Navy has announced the introduction of a web-based survey tool that will provide near "real time" measurement of influences effecting the career decisions made by Navy personnel.

The ARGUS career milestone tracking system employs a questionnaire format that will be offered to officer and enlisted personnel at key career transition points as follows: promotion, advancement, reenlistment, long-term extension greater than 11 months, execution of PCS orders, return to active duty, separation from active duty (both voluntary and non-voluntary), change of status from or to limited duty, resignation and retirement.

You can access the survey online at http:// argus.nprdc.navv.mil. For additional info, see v command career counselor of see NAVADMIN 027/ 01 at http://www.bupers.navy.mil/navadmin

# Blue Angels announce job openings — Encourage more enlisted applicants

The U.S. Navy Flight Demonstration Squadron, the Blue Angels, announced they are looking to fill 13 enlisted billets for the upcoming show season and are now accepting applications for both officer and enlisted positions for the 2002

The 13 vacant enlisted positions include several aviation ratings, a journalist and an illustrator draftsman. For the 2002 season, the Blue Angels will select six new officers and approximately 30 enlisted personnel.

The application deadline is Apr. 30, and final selections will be made mid-July. The deadline for enlisted applications is June 30, and final selections will be made by July 1. A normal tour of duty with the team is three years. Check out the squadron's web site at http://www.blueangels.navv.mil.

## SPANISH NEWS

# ETA sets off two car bombs in northern Madrid

Two car bombs rocked a northern district of Madrid on Monday afternoon, causing material damage but no injuries in attacks that police said were set off by the armed Basque separatist group ETA.

A first explosion tore through the trunk of a Renault Clio around 3:30 p.m., although police said only the detonator of the bomb exploded.

They said the bomb, comprising 30 kilograms (66 pounds) of dynamite, was thought to have been stashed in a pressure cooker in the car, which may have been stolen in Brittany, France, in September 1999.

The booby-trapped car was apparently primed to explode in the path of an oncoming car that seemed to be the real target of the attack, said police, who would give no further details. The first blast was followed about an hour later by a second in a Renault 19 car parked in a neighboring district, near the training ground of the football team Real Madrid.

Police suspect ETA's "Madrid commando" cell was responsible for the bombs, explaining the second car may have been destroyed by the attackers to erase any clues. "The characteristics (of the attack) seem to be those of the ETA," police director general Juan Cotino said.

Police immediately threw up a dragnet in an attempt to track down the attackers, said by witnesses to be a man and a woman aged between 25 and 30.

ETA, which is fighting for an autonomous Basque homeland in the region along Spain's border with France, is known to use stolen cars for bomb attacks.

The group is thought to be responsible for 24 murders since it broke a 14-month ceasefire in December 1999. ETA has also vowed to begin targeting anyone who signs a new anti-terrorism pact that was agreed by Spain's ruling Popular Party and the main opposition Socialist party.

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# RELIGION

# Do You Love Me?

An old Norwegian couple named Sven and Lena were watching the musical, "Fiddler on the Roof".

It was the scene where Tevia sings, "But Do You Love Me?" And his wife responds, not with the words "I love you", but rather, with all the things she has done for him over the years. Wash clothes, cook meals, raise a family. To which he asks again, "But do you love

At this point Lena turns to her husband Sven, pokes him in the ribs and asks the same question. "Sven, do you love me?" "Woman," he says with some ex-

asperation, "forty years ago when we got married I told you that I do. If it ever changes I'll tell you

Talk may be cheap, but sometimes nothing can replace a few thoughtful words.

Is there a Tevia or a Lena in your life who needs to hear those three little words today? You may feel it and you may show it in a hundred ways; but sometimes the best answer is to preempt the question.

Worship Schedule			
Feb. 16	7pm.	Jewish Service	
Feb. 17	6pm.	Roman Catholic Mass	
Feb. 18	9 am	Roman Catholic Mass	
	9 am	Protestant Communion Service	
	10:30 a.m.	NO CCD	
	10:30 a.m.	Protestant Contemporary Service	
	Noon	Roman Catholic Mass	
	1:30 p.m.	Gospel Service	
	брт.	NO Protestant Evening Program	

# CREDO

A CREDO Personal Growth Retreat will be held Mar. 9-11. During this free retreat, participants will have an opportunity to reflect on the past, present, and future of their lives. Contact Chaplain Gore at ext. 2161 for registration and information.

#### GOOD WORD FOR THE WEEK

Love doesn't sit there like a stone it has to be made, like bread; remade all the time, made new. Ursula K. Le Guin

Listen to Chapline every weekday at 0715 and 1615 on Hot 102.5 FM! If you miss a Chapline, you can access them on the web by clicking on "Base Chapel" under the resource section on the Naval Station web page, www.rota.navy.mil

## Black History Month Events:

Battle of the Commands/Black History Knowledge Bowl, Base Theater, various times, call ext. 3248

-Feb. 20-23

DGF High School Black History Month Knowledge Bowl, TBA. call ext. 3248

-Feb. 23

Black History Month Luncheon, Galley, 11 a.m.-1 p.m., call

-Feb. 24

ShowCase Entertainment Talent Event, TBA, call ext. 2639 -Feb. 25

Black History Gospel Fest & Kids Gospel Talent Segment, Base Chapel, 3-6 p.m., call ext. 1894

# PW Seabees improve Thrift Shop

Seven Public Works Seabees dine on pizza under the new roof they installed in front of the Naval Marine Corps Relief Society Thrift Shop on

Shop personnel treated the Seabees to pizza in appreciation for putting up the roof and installing several shelving units in the shop.



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February 15, 2001

## FLEET AND FAMILY SUPPORT CENTER

call ext. 3232

#### Playgroup for Parent and Tots

Enjoy creative activities to awaken your child's awareness and develop a lifelong closeness between you and your child. The structured playgroup meets on Fridays from 10 - 11 a.m., in DGF room 1610. Feb. 16...... Story time with Deanna Ages: Birth to 9 months

Feb. 23..... Story time with Deanna Ages: 2 1/2 to 4 years

#### Spanish class

Spanish class registration will continue until the term begins. The term is Feb. 26 – April 5.

#### Volunteer Recognition

Submit nominations for "Volunteer of the Year" and "Helping Hand of the Year". Send your nominations Feb. 1-28, to the Volunteer Coordinator, Kathy Arcement, Fleet & Family Support Center. For more information contact FFSC at ext. 3232.

#### Brown Bag: Cape Verde

Feb. 28, noon-1 p.m., in the ICR classroom. Explore the volcanic islands off the Western African Coast, The Cape Verde Islands. See Africa and the enticing destination it is. Learn about visiting the Atlantic archipelago of 10 volcanic islands that have century-old traditions. The brown bag seminar will cover the cost of travel, places to lodge, food and scenic views. A video and pictures will be shown. Bring your lunch and enjoy!

#### Tap Seminar For Separatees

Feb. 20-22, 8:30 a.m.- 4:30 p.m. & Feb. 23, 8:30-

noon, The Transition Assistance Program (TAP) Seminar is designed for all military personnel and their spouses who are within six months of retiring. Topics include Veteran's Benefits, Employment Opportunities, and Pre-separation. (DAPA Classroom, Bldg. #52) Check with your Command Career Counselor to register.

#### Parent Support Group

Children don't come with instructions and living overseas presents even more challenges for parents. Bring your children and get support for the most important job of your life: parenting!

#### Self- Esteem for the young

Feb. 27, 2-3 p.m.

This class focuses on how to build self-esteem through everyday interactions with your children. Since parents play one of the most important roles in building a child's self-esteem, this is an important class! Please plan to attend.

Children are welcome to attend with their par-

### Foreign Spouse Workshop

Feb. 28, 9a.m. - 1p.m.

The workshop will provide foreign spouses of military members with information on PCSing to the United States. Topics will cover shopping, employment opportunities, travel, education, finances, legal status, and others. The purpose is to give spouses, who have not traveled or spent much time in the States, cultural information for residing stateside.



Supply Department, Weapons Division first class petty officers present a basket of food they collected during a food drive last week for Navy Marine Corps Relief Society (NMCRS). (L-R) GM1 Thomas Laipple, Karen Melvin, AO1 Andrew Edwards, Taj Castles, AO1 Michael Shower, Barb Theroux, and TM1 Glenis Gibbs. After the Sailors learned that someone in Supply Department utilized the services of the food pantry NMCRS, the Sailors decided to respond in kind.

"We did this as a way to say thanks for helping a shipmate," said Gibbs.

# U.S. Federal Holidays for 2001

Monday, Jan. 1 New Year's Day

Monday, Jan. 15 Martin Luther King, Jr. Day

Monday, Feb. 19 Presidents' Day

Monday, May 28 MemorialDay Wednesday, July 4 Independence Day

Monday, Sept. 3 Labor Day

Monday, Oct. 8 Columbus Day Monday, Nov. 12 Veterans Day

Thursday, Nov. 22 Thanksgiving Day

Tuesday, Dec. 25 Christmas Day

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# COMMUNITY NEWS and INFORMATION

### MEETINGS

#### Fourth of July Committee

The fourth of July Committee will be holding a meeting on Wednesday, Feb. 21 at 3 p.m. in the CPO Lounge a Reflections. Anyone who is interested in becoming members and Chairpersons for various Committees are welcome to participate. For more information, contact Chief Chatterton at ext. 2600.

#### Sailing Club

A Rota Sailing Club meeting will be held at the MWR Marina, Feb. 24, at 11 a.m. Call ext. 2497 for more info

African-American Heritage Committee will be meeting every first and third Friday in the Naval Hospital Galley at 5:30 p.m. The next meeting will be held Mar. 2. Call Lt. Cmdr. Willie Davis at ext. 1894 or 3454 for more

#### **Breastfeeding Support Group**

The group meets each Tuesday at 1:30 p.m. in the Family Practice conference room. It is sponsored and run by the Navy Marine Corps Relief Society Visiting Nurse Program. Join them if you have any questions concerning nursing your baby or if you would just like to share your experiences. There will be at least one nurse and an RN on hand to weigh your baby, answer questions and guide the discussion. For more information, call Elle Collingwood at ext. 4255 or Jan Owen at ext.3459.

#### **Toastmasters**

The local chapter of Toastmasters Al-Andalus has initiated a new program of inviting different organizations to speak at weekly meetings, held in the Hospital's conference room, at 7 p.m., every Thursday.

#### **Black History Month Luncheon**

The Gateway Galley is having a luncheon on Feb. 23 to celebrate Black History Month. The luncheon will be from 11 a.m. - 1 p.m. The ceremony, which includes a cake cutting ceremony, will be from 11:30 a.m. - 12:30 p.m.

#### Spouse Tuition Aid Program

The Navy-Marine Corps Relief Society office is offering Spouse Tuition Aid Program (STAP) for Term IV. Applications and appointments can be made beginning Monday, Feb. 20. Clients will be seen from Feb. 26 until March 16. Sign up early. For more information, call ext. 1614, or stop by NMCRS office in Bldg. 52.

#### **Community Grants**

The Officers and Civilians Spouses' Club community grant applications will now be available until Feb. 28. Applications can picked up at the Fleet & Family Support Center, Library, and DGF Schools. For more information, call Lisa Roberts at ext. 4558.

#### **NSGA Spouses**

NSGA is now accepting resumes for their Command Ombudsman Program. If you are interested in becoming an ombudsman for the command, please send your resume to Nicole Priest, PSC 818 BOX 765, FPO AE 09644, All resumes must be received by Wednesday, Feb. 21.

#### Low Fat Cook Off

The Naval Hospital is having a Low Fat Cook Off on Thursday, Mar. 8 from noon - 1 p.m. at the Naval Hospital main lobby. Categories are appetizer, soup/salad, entrée, and dessert. Entries will be judged based on appearance, taste, and nutritional value. Anyone interested in participating in the low fat cook off can fill out a registration form at the Dietitian's office or call ext. 3337 for more information.

#### Tax preparations

The Naval Legal Service Office, Rota, has kicked off tax preparations. All service members, dependents, retired military, and DOD civilians are eligible to receive free tax preparation. Each command has its own tax center responsible for preparing tax returns for its members. Please call your command's tax center to make an appointment or call the Central Rota Tax Center at ext. 2758.

#### OCSC Art Show

Officers and Civilians Spouses' Club is looking for artists to participate in their Que Arte Tanemos art show Mar. 2. from 6-9 p.m., at the DGF multi-purpose room. Tables cost \$20 or 3,500 pesetas. For more information, call Kim Diaz at 956-48-0046 or Anita Santos at 956-48-0893

#### Seabee/CEC Ball tickets

Tickets are now on sale for the 59th Seabee and 134th Civil Engineer Corps Anniversary Ball. The event will be held at the Hacienda El Pinar in Puerto de Santa Maria. The cost is \$38. Call Begona at ext. 2343 for more information.

#### Report a crime

If you see a crime, you can report it anonymously by calling the Rota Crime-Line at ext. 2688. Recordings are reviewed daily by a security officer. For emergencies call ext. 2911.

#### PA systems available

If you need a public address system for a change of command, awards ceremony, or other official function, call the Public Works Department Trouble Desk at ext. 2347 and the equipment will be brought to your site, set up, and removed at the conclusion of the function.

#### Air Terminal Parking

The overflow parking at the Naval Station Air Terminal will

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# COMMUNITY NEWS == INFORMATION

be closed until April 27 for renovations. Arrangements must be made to store your vehicle with Security at ext. 2001. For more information on the Air Terminal, call P.O. Lackner or P.O. Peabody

#### Low-Fat Cookbooks

The Hospital's Annual Low-Fat Cookbooks have been released. They are available for pick-up at the Health Promotion Department. free of charge. Call Betty Murphy for more information at ext.

#### **Housing Community Center**

The Housing Community Center is available for reservations. The center contains a main room with kitchen facilities, a large conference room, children's play room and outside playground, an outside barbecue area, and an Andalucian patio. Call ext. 1344 for reservations and more information

#### Price Protection at Your NEX

Hold on to those receipts for at least 14 days! You are protected from any price change at the Navy Exchange for fourteen days, so if something you bought within fourteen days prior goes on sale, just bring your receipt back to the store and we'll give you a refund of

### Private Enterprises on Base

Residents on base who wish to establish a private enterprise within their home must obtain approval in advance. All private enterprises, including babysitting, must be approved by the Staff Judge Advocate. For information on what enterprises are authorized, and to find out more on the approval process, contact the SJA at ext. 2870.

#### **Rota News Watch**

Airs 6.55 p.m. and 10:28 p.m. on Base Cable Channel 2.

# EDUCATIO

#### **OU** enrolling

The University of Oklahoma is now enrolling students for the Seminar in Leadership Organization. Class dates are from Mar. 27 - Apr. 1. The enrollment deadline is Feb. 26. For more information call ext. 2799, or e-mail: aprota@ou.edu.

#### NCLC

The Navy College Learning Center offers free, computer-based courses in a variety of academic and practical subjects to active-duty members, retirees, reservists, DoD civilians, and their adult family members. For more information about the courses available and how they can help you reach your goals, visit the office in Bldg. 52, or call ext. 3070.

#### **UMUC Master's**

For graduate education that works, enroll in Europe's management information systems, or public administration master's programs. Courses are scheduled in the evening and on weekends. Courses are also offered via distance education. Registration for Term IV is March 12-23. For a

current schedule or more informa- help you with your studies are also tion, visit our Website at <a href="http://">http:// www.ed.umuc.edu/grad> or call Carolyn at ext. 2917.

#### UMUC

University of Maryland students ex- ccc\_rota1@hotmail.com pecting to complete requirements for a degree this spring must submit a Diploma Application and a \$50 application fee by Feb. 15 for Keep saving your General Mills the May graduation cycle. There "Box Tops for Education" found on will be a recognition ceremony with cereals and snacks. You can drop caps and gowns in May/June, date them off at the Commissary, Lito be announced. Call ext. 2993, brary, DGF Elementary School, or stop by the office for more infor- JAMS or the CDC. DGF Elemen-

#### CCC

Interested in finding a college de- Rota College gree program suited for you? City Colleges of Chicago's Associate in Arts degree program is specially tailored to the needs of the military Classes begin on Feb. 20. There and their families. Sign up anytime for one of over 200 academic dis- Latin Dancing, Scrapbooking, tance education courses, in a wide Advanced Spanish for Children, range of subjects. A qualified field and Spanish Cooking II. Come representative at the Education Cen- by and see what else there is to ter will assist you on your way from offer. It is located in Bldg. 52, in registration to the completion of the Navy College Campus, or call your coursework. Tutors who can ext. 2913.

available. You may be eligible for financial aid. For more information on City Colleges of Chicago's distance education program, contact your CCC-E Field Representative at ext. 2574, or

#### Save box tops

tary School benefits from your support. Contact Jeanie Ephron at ext. 4473 for more information.

Rota Community College is registering new students this week. are several new classes this term:

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# #Half Page

245.5mm X 175mm

# COASTLINE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
FEBRUARY/FEBRERO  American Heart Month  MARCH/MARZO  National Eye Donor Month				Joint Advisory Board (JAB) meeting, 9:15 a.m. Chapel, call 1680 PWOC Thurs. Bible Study, Chapel, 10 a.m., call 2161	Check out the Rota Web Site at http:// www.rota.navy.mil	Price Protection at NEXprotected for 14 days. Check with NEX for details.
No Religious Education programs today	President's Day (Holiday)  Weight Loss Support Group, 7 p.m., Hospital, call 4639	Lt. Col. John Glenn, USMC, becomes first American to orbit Earth (1962)	28 DGF H.S. SAC meeting, 4 p.m., H.S. Library Free Pool, Champions, call 2433 PWOC Wed. Bible Study, Chapel, 12:30 p.m., call 2161	George Washington's Birthday (Born 1732) Tiger Day Meeting, 2 p.m., Gateway Galley, call 3232 DGF H.S. SAC meeting, 4 p.m., H.S. Library Free Pool, Champions, call 2433	2 IG Team departs Rota  Black History Month Luncheon, 11a.m1 p.m., Galley, call 1894  Supply Corps. birthday (1795)	Mardi Gras, begins Rota, call 2813
A Catholic CCD, 10:30 - 11:30 a.m., DGF, call 2161  Black History Gospel Fes & Kids' Gospel Talent Segment , 3-6 p.m., Chapel, call 1894  Protestant Sunday Night Program, 6 - 8 p.m., DGF, call 2161	Mardi Gras begins, El Puerto, call 2813	DGF Elem. SAC, 1550, Parent Connection Room	Ash Wednesday (First day of Lent)  Parents & Tot 10:30- 11:30 a.m., DGF, Rm. 1610, call 3232  Day of Andalucia (Andalucian Holiday)	8 NMCRS Drive begins Sponsor Training, 9:30-11:30 a.m., FFSC, call 3232	DGF College Day, 2:30-3:30 p.m., MPR, call 4698 OCSC Art Show, 6-9 p.m. DGF MPR	Navy Medical Corps established (1871)
Catholic CCD, 10:30 - 11:30 a.m., DGF, call 2161  Protestant Sunday Night Program, 6 - 8 p.m., DGF, call 2161	Terra Nova Testing begins for H.S. students, try to schedule students' appointments around the testing  Parent Support Group, 4-5 p.m., FFSC, call 3232	Feeding your baby & toddler, 11:30 a.m 12:30 p.m., FFSC, call 3232	PWOC Wed. Bible Study, Chapel, 12:30 p.m., call 2161  Resume Writing, 11a.m1:30 p.m., FFSC, call 3232	15eparating in Spain, 10a.mnoon, FFSC, call 3232 Toastmasters, 7 p.m., Hospital Conference Room	16 International (Working) Women's Day Terra Nova Testing ends for H.S. students Low-fat Cookoff, noon - 1 p.m., Hospital's main lobby, call 3337 Personal Growth Retreat, call 2161	Personal Growth Retreat, call 2161
Catholic CCD, 10:30 - 11:30 a.m., DGF, call 2161  Protestant Sunday Night Program, 6 - 8 p.m., DGF, call 2161	CFC Awards, 10 a.m., Reflections	RAMIC meets, 1p.m., Sub Oficiales Club	21 PWOC Wed. Bible Study, Chapel, 12:30 p.m., call 2161  Parents & Tot, 10:30- 12:30 a.m., DGF, Rm. 1610, call 3232  Interview Skills, 11a.m 1 p.m., FFSC, call 3232	Joint Advisory Board (JAB) meeting, 9:15 a.m., Chapel, call 1680 Applying for Federal Employment, 1-3 p.m., FFSC, call 3232 Pre-Natal Support Group, 4-5 p.m., FFSC, call 3232	Check out the Rota Web Site at http:// www.rota.navy.mil	24 St. Patrick's Day  RGA Golf  Tournament, call 2260

#4

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These fellows were amused that I would want to take their picture, I see them talking everyday.



Same with this guy.

# I'm glad my car is broken

Story and photos PH1(AW) Ron Heppner Rota Coastline

I walked to work during my first two months in Rota until a departing friend convinced me to buy his Rota beater. I enjoyed the convenience of driving, but found myself drifting away from my carefree Rota attitude. I fell back into my impatient New Yorker driving habits and didn't walk anywhere. I became annoyed with petty things like red lights and finding a place to park. In the back of my mind, I felt like something was missing.

Three weeks ago the starter on my Citroen went haywire,

and now I am on foot again.

Once more on the 40-minute walk, I smell the fresh morning air and see little things in Rota that I missed while sitting in that silly French car. Each day I pass by a fenced-in yard that is home to a ferocious German Shepherd, that I have nicknamed El Diablo. I named him this because the sight of this dog and his intimidating bark, would cause Satan to wet himself. While he barks that frightening bark I curse at him and tell him to behave, while rationalizing that if he is entitled to make all that noise, I

14 February 15, 2001





Laundry hanging out to dry is a common sight, but I never get tired of seeing it.



El Diablo doesn't just bark, he snaps, growls and otherwise affirms h

may as well join in. But, we both know that my bravery is only as strong as the fence.

I pass housewives in housecoats sweeping the porch while the laundry is drying on the line. I see parents kissing their children before sending them off to school. I hear the clickety-clack sounds of new trends like the luggage dollies that many children now use to tote their book bags.

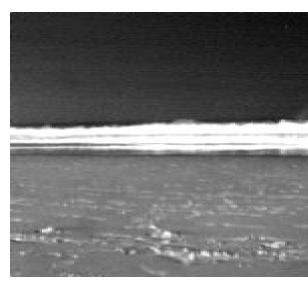
I observe standards at construction sites that would make even the least initiated safety inspector blanch back home.

Early, on a calm morning the only sounds are of the surf finding its way to the beach.

I love travelling Spain. But, the Spain I like most is the one I encounter everyday during the walks I have between home and work.



I usually buy lottery tickets from this guy.

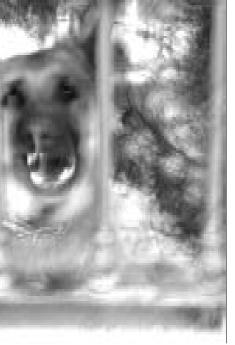


Early, on a calm morning the only sound are the waves meandering toward ti

#4

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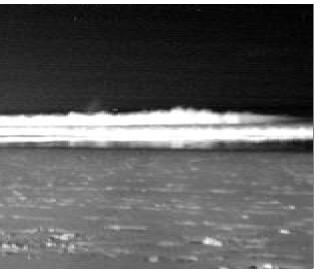
February 15, 2001 15



wise affirms his position in the neighborhood.



Old reliable.



ering toward the beach.



The clickety-clack of a new trend.

#4

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## Today

Painting Exhibition by Javier Buzón. Sala Rivadavia, Cádiz, through Feb. 23.

**Photography Exhibition** by David Jimenez. Caja S. Fernando, C/Ramón de Carranza 26-27, Cádiz, through Feb 18. Hours: 11 a.m.-2 p.m. and 6-9 p.m.

Painting Exhibition by Denis Long. Art Gallery Benot, Cadiz, until Feb. 18. Mon-Fri, 6-9 p.m. Photography Exhibition by Manolo Torres. Centro Cultural "El Palillero". Plaza del Palillero. Cadiz, through Feb. 17. Mon-Fri, 10 a.m.-2 p.m. and 5-9 p.m.

Photography Exhibition by Bruno Phillip. Café Pub Blanco y Negro, Calle Ricardo Alcón, 10, El Puerto, through Feb 15. Hours: 5 p.m. to early in the morning.

Collection of Photography about the Spanish Civil War. Centro Cultural Alfonso X El Sabio, Calle Larga 89, El Puerto. Hours: 11a.m.-2 p.m. and 6-9 p.m.

Tarot Exhibition. A group of artists display a collective exhibition about their view of the Tarot. Milagro Delicado Art Gallery, C/ Diego Niño, 2, El Puerto. Hours: 11 a.m.-1:30 p.m. and 6-8:30 p.m. Movie. "Habla Mudita" of Manuel Gutierrez (Spain). Fundacion Alcalde Z. Ruiz-Mateos, C/ Charco, Rota, 6 p.m.

ITT Takes You There This week travel to Cadiz, Gibraltar Rock Tour. La Rambla ceramic shopping, Medina Sidonia, Sevilla Historical tour, Tangier Overnight and the Tio Pepe Bodega & Jerez Horse

Show, Call ext. 3101 for information on dates and times of depar-

## Friday

Antique Music Feast. "Neocantes" Golden Age songs. Monasterio de la Victoria, El Puerto, 9 p.m. Information and tickets, 956-860-653.

Concert. Seattle Folk, Terry Lee Hale will perform at Munich Bar, Avda. De la Bajamar, 6, El Puerto, 9 p.m.

Music. Concert by Javier Ruibal. Sala Central Lechera, Plaza de Arguelles, Cadiz, 9 p.m. Admission: 1.000 ptas.

Music. Accordion concert by Edurne Garcia, Castillo de Luna, Rota, 8:30 p.m.

Flamenco. The Flamenco School "Paco Cepero" in El Puerto will perform flamenco shows, every Friday and Saturday in the month of February, C/ Jose El Negro, 3, El Puerto, 10:30 p.m. Information at 956-059-212.

Theater. Group Titiritran (Puppets) will present "Infimo". Salon Moderno, C/ Cruces, El Puerto, 8 p.m. Admission: 300 ptas.

Chipiona. Election and proclamation of the 2001 Carnival Oueen. Cine Principal, 9:30 p.m.

# Saturday

3rd Antique Music Feast, "Schola Antiqua" Canto Gregoriano, (Gregorian chant), Monasterio de la

Victoria, El Puerto, 9 p.m. Information and tickets, 956-860-653. Movie, "La Virgen de los Sicarios" of Barbet Schoroeder (Spain-France-Colombia 2000). Casino Bahia de Cadiz, 8:30 p.m. The film will be projected in its original version and subtitled in Span-

Flamenco, Flamenco Recital by Pepe Alconchel, Tertulia flamenca "Toma El Nitri", C/ Diego Nino, 1, El Puerto, 10 p.m. Information at 956-543-237.

Fourth Carnivalesque Carousel Chipiona will hold Carnivalesque Carousel on Plaza Universo, 9 p.m., Saturday

Valentine Candle Light Dinner Take your loved one to a romantic dinner at Reflections. Choose from Prime Rib or Sword Fish as your entrée. Dinner is served from 7-11 p.m. The cost is \$35 per couple, which includes a Flamenco show. Call ext. 2851 for reservations.

## Sunday

Music Concert by the Municipal band, Alameda del Banco, (behind McDonald's), Jerez, noon.

Puppets. The group La Luna from El Puerto presents "Garbancito". Alameda del Banco (Behind McDonald's), Jerez, 1 p.m.

Chipiona. As part of the carnival program, Chipiona will offer some food, free of charge.

3rd Menuá (intestines) at Barriada Andalucia, noon.

3rd and last Pajarillá (hog's spleen) at C/ Centollo, 1 p.m.

## Mond a y

Aqua Group Exercise No need to iump off into the deep end of the pool. Try getting your feet wet first in the shallow-water aerobics class at the MWR Aquatics Center every Monday and Wednesday at 9:30 a.m. For more information call ext. 2563 or 2565.

Get Ready for Summer Will you climb the highest sand dune, lift the Pillars of Hercules or lose the most inches? The contests begin March 1 and continue until May 31. Call ext. 2563 or 2565 for more

## Tuesday

Youth Tae Kwon Do Join your friends now in learning this martial art. Classes are held every Tuesday & Thursday from 4:45-5:45 p.m. at the Fitness Center. Call ext. 2563 for more information

Vehicle Disposal Fee Beginning February 27, the Auto Used Parts Emporium charges \$30 as a turnin fee for your old beater. Call ext. 1530 for details.

Aqua Group Exercise So you say you're ready to get in over your head! Deep-water aerobics classes at the MWR Aquatics Center will take you there every Tuesday and Thursday at 11:30 a.m. Call ext. 2563 or 2565 for more information. Adult Yoga Classes are conducted

Tuesdays and Thursdays, 11:50 a.m. - 1:10 p.m., and 5- 6:30 p.m.

## Wednesday

Land Group Exercise Choose a time convenient for you on Mondays. Wednesdays or Fridays when MWR Athletics offers step aerobics at 6:30 or 11:30 a.m. Also on M-W-F, MWR offers cardioflex at 9:30 a.m. and kickboxing at 5:30 p.m. Call ext. 2563 or 2565 for more information

#### Life Enrichment Classes

Violin and Piano Lessons - Summit Ballroom Bldg 48 Highland Dance Classes - Summit Ballroom, Bldg. 48 Call ext. 2527 for more info

Dance Alive Open enrollment through February 28 only to prepare for Spring Recital. Call ext. 2527 for more information.

Bicycle Rentals-Do you feel like getting away from it all? Try a bike ride on one of the new bikes available at The MWR Marina. They have daily, weekly and monthly rates. Call ext. 2497 for more in formation.

Free Pool Join your friends for a friendly game of pool Wednesday & Thursday

nights at Champions It's free! Call ext. 2433 for more info.

# Thursday

Ping-Pong Play-Off February 22 join your friends at Expeditions for this tournament. Minimum of 6 players required. The fun begins at 7 p.m. Call ext. 2527 for more info.

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# #Full Page



One RC helicopter pilot especially admired by the group, is AD1 David Febo, who fixes P-3s for a living at VQ-2.



# Flying-high with the Brian McDonald Remote Control Flying Club

Rota Coastline

You may have noticed a strange buzzing sound and miniature aircraft dominating the airspace between the Fleet Recreation Center and the piers. Behind this high-flying spectacle, are the members of the Brian McDonald Remote Control (RC) Flying Club who meet on Saturdays to share their common interest in RC aviation.

One RC helicopter pilot especially admired by the group, is AD1 David Febo, who fixes P-3s for a living at VQ-2.

Febo was recently featured in two RC aviation magazines and is ranked as a top RC helo Febo flies the helipilot in the RC helo world.

He has also outfitted one of his helicopters with still picture and video cameras.

"Any member

will help you

build a plane

and teach you

how to fly it."

"I have a buddy who is a video producer in San Fernando," he said. "We've done aerial video work for Spanish music videos. TV commercials, and movie scenes.

While producing aerial imagery,

copter and a second pilot operates a separate re-

The club's membership is made up of Spanish and American RC pilots, said Master Sgt. John Flansburg who has been flying RC airplanes for about 13 years.

"Anyone with an interest just needs to show up on Saturdays. We aren't very formal," said Flansburg. "Any member will help you build a plane and teach you how to fly

Anyone interested can get a starter plane for as little as \$250, said AMH1 Rich Robey, a VQ-2 flight engineer.

"But once you get the bug, depending on how hard you catch it, you can spend thousands," said Robey.

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# Carnaval!

nce Christmas is over, and as Lent starts, Spain celebrates Carnaval (Mardi Gras for Americans). Almost every town throughout Spain has their own carnaval. They are different from north to south and from east to west, but in the south Cadiz is the most famous and important one and it dates back to the end of the 16th century. The Carnaval of Cadiz has been declared an "International Tourist Interest", and is the main festival in Cadiz. This year, the carnaval will start in Cadiz on Feb. 22 and will end Mar. 4. Another famous carnaval in Spain is the one in Tenerife (Canary Island), Many towns close to the base have carnaval feasts. Check the list below. If you are interested in a town that it is not on the list, call Community Relations at ext.

# Province of Cadiz Carnavals

Jerez. Feb. 16 - 18. Trebujena, Feb. 16 - 25. Chiclana, Feb. 21 - Mar. 4. Benalup, Feb. 23 - Mar. 4. Chipiona, Feb. 24 - Mar 4. San Fernando, Feb. 24 - Mar. 4. Rota, Feb. 24 - Mar. 4 Puerto de Sta. Maria, Feb. 26 - Mar. 4. Puerto Real, Feb. 28 - Mar. 4 Sanlucar, Mar. 3 - 10.

# The Montecastillo Spa opened in Nov.

I am real excited to be able to tell you about a new ad for something I have been looking for and hoping to find for ages...a spa! To make it even better, it is close by, right next to the Jerez Speedway and adjacent to the Montecastillo hotel. At first sight, the building appears rather small, but since it is multi-level, it is anything but. The Montecastillo Spa just opened last November and the installations are top notch. The new Health & Fitness Centre has an indoor heated pool, Jacuzzi, gym, sauna, steam room, massage rooms, solarium and a coffee shop. The spa has a highly qualified team of specialists in sports medicine, physical therapy and aesthetic therapy. Other services include: hydrotherapy, massage therapy, laser therapy, electrotherapy, ultrasound and beauty treatments. This week they are advertising some special package deals for Presidents' Day, but there are other options and possibilities for groups as well. In fact, some in the group can play golf on that great golf course, while others can luxuriate in the Spa. Sound like a good way to spend the day? To get there, go through El Portal to the Sevilla autopista. Take the first exit to the Speedway and Arcos; shortly after the exit, turn right toward the Speedway and continue until you see the sign for the Montecastillo Hotel.

This week we are also featuring an ad for an exhibit of fine china, crystal and other fine house wares. I really don't have much information about it so I guess we will all have to go and find out for ourselves! The open-house/exhibit runs from February 21 through February 25 at the hotel Duque de Nájera in Rota.

If you didn't celebrate Valentine's Day or want to celebrate again, this week we are advertising a special at the hotel Duque de Nájera in Rota. They are offering two specials - a dinner on Saturday, February 17th and a special overnight stay that includes champagne in the room and a buffet breakfast. You can do one or the other or really indulge and do both! The overnight special is only 13.125 pesetas per double room per night. The dinner is 5.000 pesetas per person and consists of the following menu: appetizers a variety of canapés, stuffed squid and house style octopus; sea urchins stuffed with delicacies from the bay, house sorbet with mint dorada in a pastry shell over a light anchovy sauce or Iberian pork tenderloin stuffed with house specialties; dessert consists of a turban of figs over a bed of custard and flavored with a honey sauce; red and white wine, champagne cocktail and coffee. You can make reservations at the front desk or by calling 956-846020 or by e-mail: hdn@cdz.servicom.es

Remember, the Casino Bahía de Cádiz is holding a special Valentine's Day Dinner-Dance tomorrow night starting at 10 p.m.

# PUBLISHER'S CORNER

There will be live music by the group "Piel Canela" and lots of door prizes: a piece of jewelry, leather articles, a weekend at the Hotel Melia El Caballo Blanco, special gifts from the Casino, a trip and a welcome flower. The price is 5.500 per person. Reservations are recommended.

Reflections is holding a St Valentine's candle light dinner on Saturday night from 7 to 11 p.m. It will be a three-course meal and there will be red roses for the ladies and a flamenco show. Call ext. 2851 for details.

Take advantage of President's Day Weekend and treat yourself to a day or two at the Hotel Puerta de la Villa in Grazalema. It's a great hotel with an exceptional staff. Grazalema is very small, but picturesque and there are lots of walking and hiking trails around as well as lots of nearby sights. Remember that if you say you saw the ad in the Coastline when you make your reservations, you will get a 10% discount. See the ad on page 19 for more information. I staved there last year and can attest that it is a very nice hotel with a great restaurant, and there is a lot to see and do in the surrounding area.

The newly opened Venta del Asador, located next to the English Centre on the Fuentebravía road, has now installed a playground for children. The type of food they serve is the kind most kids like and the prices are good too, so next time you want to go out with the kids - give it a try!

Luces v Colores Mediterraneos (Mediterranean Lights and Colors) is an art exhibit currently being shown at the Casino Bahía de Cádiz. It is a collection of contemporary Italian painters and it is open to the public every day starting at 5 p.m. from now until February 25th

Take note: World Ecologic Sec, the Dry Cleaner/Laundry located on María Auxiliadora, right next to the gas station, in downtown Rota now does alterations on clothes

Next time you visit someplace, let me know what you thought. Let's hear from you! Share with others information about your favorite spots and shops. Contact me by e-mail at coastpub@retemail.es, by fax at 956-542997 or by phone at 956-542997 or 607-564132.

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120.7 mm X 161.2 mm

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# TELEVISION

>>> To see the Newsports and AFN Pacific television schedules, go to www.afrts.osd.mil/afnontv

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## **WEEKEND MOVIES**

#### FRIDAY, FEB. 16

Carlito's Way - An ex-drug dealer desperately tries to go straight after his shyster lawyer gets him out of prison on a technicality. But soon, lives are on the line as his old associates draw him into a deadly game of hide and seek. Starring Al Pacino, Sean Penn, Penelope Ann Miller, and Luis Guzman. (120 min, Crime Drama, 1993, TV-14) AFN 1:05 A.M.

Desperately Seeking Susan - A bored housewife gets more excitement than she bargains for when she swaps identities with a free-spirited bohemian named Susan. Starring Rosanna Arquette, Madonna, Adian Quinn, and Mark Blum. (120 min, Comedy, 1985, TV-PG) AFN 3:10 A.M.

Working Girl - It's a modern-day Cinderella story when a hard-working secretary stands in for her wicked boss and wins the heart of a charming corporate prince. Starring Melanie Griffith, Sigourney Weaver, Harrison Ford, and Joan Cusack. (120 min, Comedy Romance, 1988, TV-PG) SPEC 10 P.M.

#### SATURDAY, FEB. 17

Bad Boys - A pair of Miami cops, one happily married, the other a bit more, ahem, free-spirited, have to swap identities when they go after \$100 million in drug money stolen from the police lock-up. Starring Will Smith, Martin Lawrence, Tia Leoni, and Tcheky Karyo. (120 min, Action Comedy, 1995, TV-PG) AFN 1:05 A.M.

Angels In The Outfield - There's heavenly help on the way for the losing Anaheim Angels ballclub, thanks to the prayers of one of the team's most devoted young fans. Starring Danny Glover, Tony Danza, Christopher Lloyd, and Brenda Fricker. (120 min, Fantasy Comedy, 1994, TV-PG) AFN 3:05 A.M.

#### SUNDAY, FEB. 18

Muppets from Space - After Gonzo receives messages from his breakfast cereal, he decides that he's a space alien and tries to contact his intergalactic brethren. But when he's captured by an overzealous secret government agency, it's up to Kermit and the gang to rescue Gonzo and help reunite him with his long-lost family. Starring F. Murray Abraham, Jeffrey Tambor, Rob Schneider, and Ray Liotta. (120 min, Family Comedy, 1999, TV-G) AFN 1 P.M.

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245.5mm X 61mm

# MOVIES

#### GATEWAY AUDITORIUM

6 p.m. The Family Man (PG-13) 8:30 p.m. Miss Congeniality (PG-13)

#### Friday

7 p.m. Dungeons & Dragons (PG-13) 9:30 p.m. Miss Congeniality (PG-13) Midnight: The Family Man (PG-13)

#### Saturday

3 p.m. 102 Dalmatians (G) 7 p.m. The Family Man (PG-13) 9:30 p.m. All the Pretty Horses (PG-13) Midnight: What Women Want (PG-13)

3 p.m. Emperor's New Groove (G) 6 p.m. Miss Congeniality (PG-13) 8:30 p.m. All the Pretty Horses (PG-13)

6 p.m. All the Pretty Horses (PG-13) 8:30 p.m. What Women Want (PG-13)

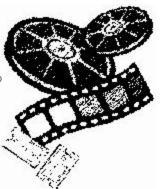
6 p.m. What Women Want (PG-13)  $8{:}30\,p.m.\,$  All the Pretty Horses (PG-13)

#### Wednesday

6 p.m. The Family Man (PG-13) 8:30 p.m. What Women Want (PG-13)

#### Thursday

6 p.m. All the Pretty Horses (PG-13) 8:30 p.m. What Women Want (PG-13)



 $\overline{G}$  – General Audiences, All ages admitted  $PG\operatorname{-Parental}\operatorname{Guidance}\operatorname{Suggested},\operatorname{Some}$ material may not be suitable for children PG-13 - Parents Strongly Cautioned,

Some material may be inappropriate for children under 13

R - Restricted, Under 17 requires accom panying parent or adult guardian

All MWR movies are free, all the time.

MWR's Movie Info Line-ext 2624 \*Movies are subject to change without notice.

#### GATEWAY DRIVE IN

Friday 8 p.m. All the Pretty Horses (PG-13) Saturday 8 p.m. Emperor's New Groove (G) Sunday 8 p.m. What Women Want (PG-13)

#### What Women Want

(PG-13: for sexual content and language) Comedy; Mel Gibson & Helen Hunt (123 min.) A Chicago ad executive gets a whole new outlook on life when a fluke accident gives him the ability to hear what women are thinking. At first, it freaks him out; then, he starts using this "gift" to outwit his new boss. Ultimately, he comes to understand what women want

#### **Dungeons & Dragons**

(PG-13: for fantasy action violence) Fantasy Action; Jeremy Irons, Thora Birch (107 Based on the classic roleplaying fantasyadventure game. Large selection of actors play a rag tag group of adventurers seeking to foil the plans of an evil wizard.

#### All the Pretty Horses

(PG-13; for violence and some sexuality) Drama; Matt Damon & Penelope Cruz (116 min) Two Texas cowboys travel to Mexico in search of adventure after the recent ending of World War II. One man falls into an ill-fated love affair with the daughter of a wealthy Mexican rancher. The cowboy must come to rely on the purity of his spirit and his sensibility to find the strength to persevere.

#### Emperor's New Groove

(G: General audiences) Comedy; Voices of David Spade & Eartha Kitt (78 min.) An arrogant young Emperor is transformed into a llama by his powerhungry advisor and finds himself stranded in the jungle. He meets a goodhearted peasant who agrees to help him get back to his throne. Together, they must deal with hair-raising dangers and wild comic predicaments in this exciting adventure.

# The Family Man (PG-13:

for sensuality and some language) Romantic Comedy; Nicholas Cage & Téa Leoni (126 min) One morning, Jack Campbell woke up and everything had changed. This single Wall Street businessman has been given a second chance to see what his life would have been like had he married and raised a family.

## Miss Congeniality (PG-13:

for sexual references and some language) Comedy; Sandra Bullock and Benjamin Bratt (113 min). When a terrorist threatens to bomb the Miss U.S. Pageant, the FBI rushes to find a female undercover as a contestant The only agent available prides herself on being "just one of the boys" and is horrified at becoming a girly girl for the

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# #Half Page

245.5mm X 175mm

## Oral health, taking preventative measures

There are four basic steps that can make a positive impact on a child's oral health. Moderation of dietary sugar intake, proper oral hygiene, access to fluoride, and regular dental check-ups. These are preventive means to reduce the risk of dental disease (decay). This article will focus on fluoride and the dental examination; the following week's article will discuss dietary sugar intake and oral hygiene.

Fluoride has made a large impact on reducing dental decay since the middle of this century, when it was placed in the drinking water. When fluoride comes in contact with the tooth, it helps remineralize the enamel. Recent studies indicate that fluoride may actually reduce the number of bacteria that cause dental decay. Fluoride may be delivered in many forms. Here in southern Spain, systemic supplementation, or fluoride that is swallowed, is recommended for children between the ages of 3-13 if they reside off base, since this water supply has insufficient fluoride levels. This type of fluoride is primarily intended for the unerupted developing permanent teeth. The base water supply is adequately fluoridated, and no one living on base should be taking systemic fluoride supplementation. Toothpaste, oral fluoride rinses, and fluorides applied by a dental health provider are topical forms of fluoride. These types of fluoride benefit the teeth that come in contact with the fluoride

Will "an apple a day keep the doctor away"? Probably not. Regular dental visits allow the dental staff to evaluate the potential for oral disease, answer ques-



Lt. Cmdr. Keith Coe treats Nicholas Martiz at the Rota Dental Clinic.

tions for the parent and patient, establish a positive experience, and promote an awareness of good oral health.

During a child's dental check-up, in addition to the teeth, the growth of the jaws, health of the gums and soft tissues, the jaw joints, and habits that may cause improper dental alignment are evaluated. Low risk patients may be seen yearly, moderate risk patients are seen every six months, while patients who present a high risk for dental disease may need to be seen every three months.

Children's Dental Health Month can be a time to revitalize some forgotten dental habits or to develop some new ones. Establishing good dental practices early on can prevent future oral disease and help secure a lifetime of healthy smiles.

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# Put prevention into practice, Hospital promoting health

ENS Richard Gilliard, Jr. Naval Hospital, Rota

As we look at our list of goals for 2001, for many of us, improving our health is at the top of the list. Most of us desire to live long and healthy lives. Naval Hospital, Rota's, Put Prevention Into Practice (PPIP) program promotes good health and is a perfect starting point for those who desire to live a healthier and happier life.

PPIP is an effective research-based program that will assist you with accomplishing your goal of living long and living healthy. PPIP is a nationwide campaign by the U.S. Department of Health and Human Services, Public Health Service. PPIP's objective is to maintain your health and reduce the risk of disease and untimely death by en-

hancing the delivery of preventive care services, emphasizing practicality, and educating the population of the benefits of prevention.

Heart disease, stroke, pneumonia and flu are major causes of death, which in most cases are preventable. Preventive services available at Naval Hospital, develop good health habits, Rota, include: screening tests (cholesterol screenings, PAP exams, and blood pressure checks); immunizations (keeping current with shots); and health deaths. counseling. It is in your best interest to develop a 3618 or ext. 3620 and relationship with your Primary Care Manager (PCM) by asking questions concerning your health. This will allow your PCM to develop a plan tailor-made to your individual need and Richard's Almanac, Ben will optimize the program.

PCMs are healthcare professionals responsible for coordinating all your healthcare needs. Patients should have received a letter assigning them to a speliver disease, diabetes, cific PCM. If a letter was not received please call the TRICARE office at ext. 3552 or ext. 1225.

> PPIP encourages us to ensure immunizations are up to date, and inquire about screening tests in an effort to reduce the risk of diseases and prevent untimely

Don't delay, call ext. schedule an appointment today with your PCM and "Put Prevention into Practice". Remember, "An ounce of prevention is worth a pound of cure", Poor Franklin 1775.

# NEX trains employees as fire wardens

Jean Bignell

Last month, 11 NEX associates participated in Fire Warden training conducted by Fire Inspectors Athans and Carter. Each of the NEX buildings has a fire warden who will assume the responsibility for checking that the fire extinguishers are operable, the exit lights work, and that the emergency flood lights work. The wardens keep track of the expiration date on each fire extinguisher, and they schedule maintenance or replacement of the extinguishers as

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120.7 mm X 78.5 mm

This place is reserved for a paid advertisement found only in the version of Rota found only in the printed Coastline.

# **BREAK-INS**

#### continued from cover

and lock expensive items in the trunk of your car.

Remember the old adage, "Out of sight, Out of mind."

- Ensure that all your doors are locked and windows are shut.
- Park your car in a well-lighted
- If you have a detachable faceplate on your radio, remove it from the car, instead of putting it underneath the car seat or in the glove
- If your car has an alarm, ensure that it is activated before leaving your vehicle.

If your vehicle has been broken into, notify Base Security as soon as possible. Any concerns can be addressed by the Base Security Crime Prevention team, at ext.

# From rabbit hole to foxhole, Marines adopt a mascot

JO2 Ricky Allen Rota Coastline

On Feb. 8, the Marine Corps Security Force Company, Naval Station, Rota inducted Private Bruno, a six-week-old puppy into their company. The new Marine will fill the billet as the company mascot.

Pvt. Bruno was one of eight puppies discovered two weeks ago by Kristin Stueve, Tami Myers, and HM2 Tom Myers. He, along with his siblings, was living in a rabbit hole on the base golf course. After they were recovered, each puppy was placed for adoption, with the Marines adopting Bruno.

Though the Marine canine-mascot is the bulldog, it was decided that the mascot would come from the Rota community, said Sgt. Jose' Melendez, MCSF Co. This way, the Marines contribute to the community by supporting the community in their efforts to find every animal a nice home, he said.



treated like any other Marine. He will wake up early for chow. military training and physical exercise, said First Sergeant Jose' Midence, MCSF Co.

Each Marine will be responsible for Pvt. Bruno's well being, from his attendance in all Marine classes. to being checked out for on-

base liberty. Bruno even has a small uniform, designed by a Marine Spouse.

"Private Bruno will be a good Marine, as well as a great addition to this company," said Sgt. Gordon Vanshoick,

Pvt. Bruno is to be treated with the professionalism and dignity accorded to all Marines. While currently not the top dog, the Marines look forward to when he is promoted to Private First Class, said Maj. Andrew Crabb, commanding of-



Mai, Andrew Crabb, commanding officer, MSCF , stands at attention with Pvt. Bruno as First Jose' Midence reads the puppy's orders.



### Kids 'feel the beat' at the Valentine's Day Dance

From left to right: Micah Lynch, Marshall Navarro. Nicolas Riles, Jon Paul Kowolko, Alex Hurley, and Michael Hurley cut a rug at the JAMS Valentine's Day Dance, held Saturday, Feb. 3.

continued from cover

proposed completion of the projects to possibly September of this year, said Celio Cedeno, project

"There have been many unforeseen things, such as structural damage. We are anticipating to extend 45 days extra to fix these problems," said Cedeno.

Contractors, according to Cedeno, are currently 80 percent complete with phase one, and 20 percent complete with phase two, even with structural damage extending the completion date. Construction is going well, he said.

When completed, the galley will return to normal working habits and spaces. There will be more

space to prepare meals, and service to patrons will be faster and more convenient for both personnel and

In the meantime, galley personnel continue to cook and prepare food for more than 1,000 people a day. Though personnel do not have the facilities they are used to having to do their job with, said MSC Medic Damaso, leading mess specialist, everyone is doing a great job.

"This will not slow our pace down. It's pretty tight, but we can still make things happen. We can still provide quality service. We are a little limited, but we are resourceful people," said Damaso.

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# CLASSIFIEDS

#### **AUTOS**

1991 FORD SIERRA 2.0i GHIA. (European vers F.Taurus), Great condition. Only 76,000 km, ITV valid thru 06-02. \$1800.00 Call Clara on 609385886, available: on/about 02.25.

92 Seat Ibiza 1200, \$2,400, Call Silvia at 2100 or 956-873296.

'90 Volvo 360 GLT, fully equipped. \$2,600. Call Silvia at 2100 or 956-873296

1990 FORD FIESTA: In great condition. Cassette/radio. economical first or second car. \$1800 firm, Call John or Pilar, 85-

1991 ALFA ROMEO 33: Power windows/locks/steering, A/C, fuel injected, new battery, good tires. \$2100. Call Ext. 4213 or 956-87-

VW PASSAT: Recently tuned, roomy 4 door, new AM/FM/ cassette, new water pump, good tires. Call Ext. 4213 or 956-87-3387

1994 HONDA VFR750 MOTORCYCLE: Low miles, very fast. Many extras. \$4700. Call 48-1006, please leave message.

1992 VOLVO 460 GL: Reliable A/C, Power windows/steering/ locks, rear shoulder belts, \$3800 O.B.O. Call 48-1006, please

1983 RENAULT 4TL: Great vehicle, ITV valid until 12/01, new fuel pump, water pump, shocks. \$900 O.B.O. Call Clyde or Tena at 956-81-6261.

1988 FORD FIESTA XR2: 96 H.P., one owner, excellent condition, 117000 KM. Well maintained. Spanish taxes paid. ITV valid until 02/02, \$1500 O.B.O.Call956-85-6871.

1988 VOLKSWAGEN GOLF 16V: Good condition, ITV valid until 02/02, hatchback, new tires, electric windows, central locking radio. \$2500. Call Miguel or Pilar at Ext. 2579 or 956-84-6147.

1990 NISSAN BLUEBIRD: 5 speed, 4 door, great car for travel and work. PCSing, must sell. Price negotiable. ITV and insurance valid until 03/01. Serious offers only. Call P.O. Hatman, Ext. 3651.

1989 BMW 520i: 4-DR. Dolphin Blue, 5-Speed Manual, ABS, A C, P/S, P/L, Pwr. fmt. windows, Pwr. side mirrors, AM/FM radio cassette, Euro specs, Spanish taxes paid, ITV valid until Aug. '01. Well maintained and in excellent condition. Buyerpays for transfer fees and car insurance. \$4750. (firm). Call

Roland @ 956309883 or Cell 676288858 or e-mail: rareyes1@terra.es. 1985 FORD FIESTA: Runs Great! \$900.00 OBO Call 82-

#### FOR SALE

HOUSEHOLD GOODS: Spanish couch and chair, excellent condition, blue, both recline, price negotiable. Halogen lamp, \$15. Computer desk from Pryca, \$35. Garden Angels, \$20. Call P.O. Hatman, Ext. 3651.

DOG CARRIER: X-large, \$100 O.B.O. Call Michael at Ext. 2770 or 48-0718.

YARD SALE: Saturday, Feb. 17. Multi-family yard sale at 1150 Pontevedra in base housing. 8 a.m. to 12 p.m. No early birds

HOUSEHOLD GOODS: 18x12 carpet with pad, light green, like new. 10x12 carpet with pad, pink, like new, Sears microwave, 110v. Butano bottles, \$15 each. Couch. Call 956-84-0712.

FURNITURE: 5 piece Wicker Furniture set, 5 years old. Paid \$1000, sell for \$250. JVC Television, 27 inch, NTSC, 2 years old, paid \$400, sell for \$250.Call ACCS Nicholas, Wk #3173, Home #956-813754.

ITALIAN I FATHER SOFA AND LOVE SEAT: Color black, like new. Bought at the Home center. asking \$1000 for both, Call 956-48-0250 after 5:30PM. Will

BARY CLOTHES: birth-9 months. Baby walker \$5. Toddler bed \$20. Nordic Track ski machine \$200 O.B.O. Call X4245

FURNITURE: DiningRoomtable w/6 chairs and matching China Cabinet-\$800. Entertainment Center-\$200. Curio Cabinet-\$100. Please call Ext. 2317 or

ROUND KEROSENE HEATER: Comes with manual and 2 kerosene hottles. Sells at the NEX for \$120. Asking \$50 volt halogen desk lamp. \$10.Call x4525.

WASHING MACHINE: Full size, Whirlpool washing machine (American). 3 years old. \$150 or best offer. Call x2274 (days) x4870 (eves).

For sale: Very elegant fur coat (seal with mink), size 8-10, princess style. Designer model from Germany. Natural beige, silky brown color. Like new. Asking \$650 OBO. Call Brigitte at 956-851396 or Coco at 956-

#### HOUSES/ **APARTMENTS**

For rent: Very nice furnished apartment in Fuentebravia. 3 bedrooms: 2 baths: kitchen: living room; Large terrace overlooking Ocean; Can remove furniture; assigned garage parking: Ideal Sharing; 120,000 Pesetas/mo. Call Ed 956-871519 or 639-310436.

For rent: Townhouse in FI Manantial, 4 bedrooms, 2 baths, furnished kitchen, living/dinning room. 200 meters from the beach. 70.000 pesetas/mo. Includes parking and community fees. Call 956-841100.

For rent: 3 bedroom apartment on Avda. Diputación. Nicely furnished kitchen with all the appliances. Close to the Ocean. Private parking. Owner asking 80.000 ptas.. Call CENTURY 21 Agin 2000 at 956-846221.

Need a really fully and wonderfully furnished/ equipped house on a monthly or yearly basis? In thequietest corner of Las Redes (Puerto Posh Area). Up and down. semidetached house. Three bedrooms w/closets (Big master bedroom), 2 ½ baths, sitting/ dining-room, nice kitchen, pantry storage, patio/porch, big, well-looked-after yard. 140.000 ptas./ mo. Community fees and gardener included. Commission free. Call Eloy, English spoken. Attention guaranteed. 956-540044 or cell 679-426377.

perfect for a single. 3 bedrooms, 2 baths, fireplace, air conditioning, American hot water heater, ceiling fans. Completely furnished. Just bring yourself 80.000 ptas. Negotiable. Call CENTURY 21 Agin 2000 at 956-

846221. For rent: Unfurnished House in El Manantial. 4 bedrooms; 3 baths; kitchen; living Room; fireplace: laundry room; driveway; includes community and gardener fees.

115,000 Pesetas/mo. Call Ed

956-871519 or 639-310436.

For rent: Need a fully furnished/ equipped apartment? On a monthly or yearly basis in Puerto area: El Ancla 65.000/60.000 pesetas mo. Community fees included commission free Call Eloy, English spoken. Attention guaranteed. 956-540044 or Cell 679-426377

For rent: Large 3 bedroom townhouse in newer part of Rota. Has basement, parking, visiting roof Excellent condition. Ver new. 135.000 ptas. Call CENTURY 21 Agin 2000 at 956-

For rent: Beautiful beachfront furnished apartment with large terrace. Living/dinning room, 3 bedrooms, fully equipped kitchen. satellite TV, phone, solar heat, underground garage. Very nice. 125.000 pesetas/mo. Call Brigitte at 956-851396 or Coco at 956-480973.

For rent: Costa Ballena - 10 minutes/10 Km. From the Rota Gate. Furnished/unfurnished townhouse: 2 bedrooms, 2 baths, parking for 2 cars, fireplace. Next to the beach. Luxury resort with pool and yard. 100.000 ptas./mo. negotiable, Call CENTURY 21 Agin 2000 at 956-846221.

For rent: Two floor penthouse apartment, 3 bedrooms, 140 sq. meters. 2 large balconies, very large and nicely furnished kitchen. Enclosed garage. Owner asking 120.000 ptas. Call CENTURY 21 Agin 2000 at 956-846221

Need a house? Lot's of houses to rent: we'll find what you want. No rental fees, no language barrier. We rent, sell and build houses. American management. Your satisfaction is our best publicity. 956-543755 or 610-753503. Call us anytime.

For rent: 3 bedroom single kitchen cabinets, large yard and enclosed garage. Owner asking 80.000 ptas. Call CENTURY 21 Agin 2000 at 956-846221.

For rent: Just built townhouse in a very nice, new area of Rota. 3 bedrooms, baths, new kitchen cabinets, parking and great neighborhood, 100,000 ptas./mo. negotiable. Call CENTURY 21 Agin 2000 at 956-846221.

## MISC.

CHILD CARE: Mother available

day/night for child care. Please call 4768, ask for Lisa. HOUSE CLEANER AVAILABLE: Full time, part time, anytime you want your house cleaned. Call

CHILD CARE

620-547-368

HOUSEKEEPER: Dependable, reliable provider/housekeeper available from 9am-3pm weekdays and all day Sat. Has base access. POV and excellent references Excellent communication skills in Spanish and English. Phone 4801 or 696-167-319 for info/interview.

EXPERIENCED BARYSITTER OFFERED: references available, most of them from The 510th fighter squadron out of Aviano Air (please contact

ariasis74@libero.it)

Spanish Tutor: English spoken Teaching experience, Call 619-011196

Maid: Hardworking, trustworthy. A cleaning dynamo. For references call 956 480784. Need furniture restored, refinished, or painted? Call José

Manuel at 627-578083. Also, wall treatments, faux finishes etc. Intensive Spanish Courses: All levels - Trinity School. For information, call 956-871926.

#### **PETS**

FREE DOBERMAN PINCHER PUPPIES: Black and Tan, only 4 left, 2 male and 2 female, 7 weeks old. Please call Mike (days) at Ext. 2374 or 652-561-161 (evenings).

FOUND: Siberian Husky, 7-10 months old. Call 3149.

FREE TO GOOD HOME: 1-vear xt2861 or 619353892.

#### **PRAYERS**

Praver to St. Jude: To be said when problems arise or when one seems to be deprived of all visible help, or for cases almost paired of. Most holy apostle despaired of. Most nony aposite, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally, as the patron of hopeless cases, of things almost despaired of. Pray for me, I am so helpless and alone. Make use I implore you, of that particular privilege given to you, to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolation and help of heaven in all my necessities, tribulations

and sufferings, particularly (here make your request) and that I may praise God with you and all the elect forever. I promise. O blessed St. Jude, to be ever mindful of this great favor, to always honor you as my special and powerful patron, and to gratefully encourage devotion to you. Amen Jess López.

#### **EMPLOYMENT**

The HRO has the following va-

Library Technician, GS-1411-04

CLOSES: Feb. 20 Social Science Specialist (SAVI) GS-0101-11 CLOSES: Feb 20 You may apply at HRO, Bldg. 52.

## POVs ready for pick-up

Call 956-81-1044/5934 Batten, K. W. Bewall, C. P. Broadus, J. D. Eichstadt, J. M.

Fandozzi, B. S. Felsing II, P. J. Garcia, G. Harper, D. L. Houfek, J. R. Jackson, R. L. King, Jr. M. T. Lambatsos, G. J. Lawrence, J. M. Munoz, G.R. Negron, D. Olson, J. C

Parker, A. J. Richard R I Silva-Vargas, M. I. Slezak, S. S. Smith, N. A.

Thompson, S.D.

Williams, K. D.

## How to place a Classified Ad

Free classified ads are available to all TEI 'Spanish ID' card holders, including active duty U.S. military members, DoD civilian employees, and their family members. Free classified ads are limited to 25 words or less icted to non-commercial goods and services

Paid classified ads for commercial and non-commercial goods and services are available to non-TEI cardholders as well as TEI card holders.



#### Free Classified Ads

Fax ad to: 956-82-1021 email

coastline@navsta.rota.navy.mil Ads must be in the Thursday prior to desired publication and will run for one

email: coastpub@retemail.es

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# **SPORTS**



#### Athletes of the year

Large commands: First place, Naval Station 709 points, Second place, Hospital 561 points. Small commands: First place, NSWU-10 427 points, Second place, AMC 354 points. Male athlete of the year: ABH1 Mark Cabrera, Air Ops. Female athlete of the year: Ensign Susan Wood, NEMOC. Senior male: IT2 Vittorio Macaluso, VQ-2. Senior female: Lt. Tracey Brommel, Hospital. Female civilian: Maria Gordon, NSGA. Male civilian: No applicants. Volunteer of the year: Tammy Mascolo.

## SPORTS BRIEFS

#### Marathon Ciudad de Sevilla.

The marathon will be held on Feb. 25 in Sevilla at 9 a.m. at Avda. Carlos III (Isla de la Cartuja) and ending at Olimpic Pavilion. Entry fee: 3.500 ptas; No Spanish residents: 5.000 ptas and out of line 5.000 ptas. For information call Community Relations, ext. 2813.

#### 9<sup>th</sup> Biathlon Ciudad de Chiclana

Biathlon Feb. 25 11 a.m. in Chiclana.

Distance: 5.000 meter run, 15.000 meter bicycle (mountain bike) and 2.500 meter run. Starts at at Pinar Publico de la Barrosa. Admission: 1.000 ptas. Free T-shirt for every registered runner. For information call Community Relations Office, ext. 2813.

**Captain's Cup Soccer** Rosters are due by March 12 with the season scheduled to begin March 26. Call ext. 1916 for more.

**Football Field Closed** during the entire month of February due to maintenance. For more information call ext. 2565.

Beginners/Intermediate Floor Aerobics Beginners/Intermediate Floor Aerobics at the MWR Aerobics room next to the Fitness Center. Classes will be held Tuesdays and Thursdays from 6:30 – 7:30 p.m. Call ext. 2563 or 2565 for details.

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# #Half Page

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# SPORTS

# DGF students journey to the Hinterbrand Lodge



Wilson

Last week, several DGF Students embarked on journey to the Hinterbrand Lodge, a DoDDs run hut in the Bavarian Alps, near the small German town of Berchtesgaden, where their endurance skills in strength and agility were put to the test.

At the lodge, students were separated into two different groups, each group containing students from two schools. The students then participated in teamwork building activities. Among these was an activity in which the students all had to line up on two different boards, and, moving as a team, get the entire group from one place to another without touching the ground.

Throughout the trip, students were challenged to do things they had never done before. There was a blind hike, in which students had to trust their partner to lead them up a hill. There was also the famous Run and Dip, the name of which is pretty self-explanatory. Students had to run for about a mile-and-a-quarter, and then, at the end of their run, the students jumped into a creek. During this particular trip, the weather was not too cold, so there was only a little ice floating atop the water. But nevertheless, the students jumped in, mostly because they wanted to get in, get out, jog back to the hut, and have breakfast.

Other challenges included the Pamper Pole, which is a thirty-foot tall log that is about a foot in diameter. Students climbed up the pole, stood on top of it (that was the really hard part), and then jumped off and tried to catch a trapeze handle bar hanging from a cable. If the student caught it, then he got to come down the easy way, but if he missed it, he plummeted downwards and tried not to land on any really important body parts. Actually, students were on a safety rope, so missing the trapeze was basically the same as catching the trapeze, ex-



A DGF student takes the plunge during the famous Run and Dip, on the Outdoor Adventure Trip

cept catching the trapeze added a sense of pride

Overall, the week was a good learning experience for all the students. They were challenged to think in ways they hadn't before, and all responded well to the pressure.

The students who attended, from DGF High School, were members of the Outdoor Club headed by algebra teacher, Jim Anderson. The students involved were: Brian Pagnotti, Elizabeth Galindo, Ben McKinney, Trish Guillebeau, Ken Klucina, Sonia Compagnet, Eric Flagg, Brian Steece, Josh Rodriguez, Christo Heatherdale, Ana Richter, and Dan Parsons

# MWR SPORTS RESULTS

for the week ending Feb. 9, 2001

B League Basketball						
Feb. 6	PSD	53	VQ-2	26		
Feb. 6	NSGA	33	MARINES	23		
Feb. 6	NAVSTA	49	NAVSTA	45		
Feb. 8	MARINES	40	NAVSTA	27		
Feb. 8	AIMD	64	PSD	43		

#### Standings as of Feb. 9, 2001

1. PSD (9-1)	4. NSGA (2-8)
2. AIMD (8-2)	5. VQ-2 (2-8)
3. MARINES (6-4)	6. NAVSTA (3-7)

#### A League Basketball

Feb. 7	Security	33	Hospital	42
Feb. 7	NSGA	38	Battalion	39
Feb. 7	NCTAMS	38	AMC	47
Feb. 9	NCTAMS	32	NSGA	42
Feb. 9	Explosives	41	Security	37
Feb. 9	AMC	39	Hospital	39

#### Standings as of Feb. 9, 2001

_	•
1. AMC (9-1)	4. Explosives ((6
2. Security (8-2)	5. Battalion (5-5)
3. NSGA ((6-4)	6. NCTAMS (4-6)
	7. Hospital (2-8)

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# SPORTS

# Athlete of the year ceremony held at Reflections

JO2 Ricky Allen Rota Coastline

The Captain's Cup athlete of the year awards ceremony was held at Reflections Friday, Feb. 9, at 2 p.m. The ceremony was to announce the athletes of the year from Captain's Cup during calendar year 2000. More than 1,700 athletes participated in Captain's Cup events last year.

Advertising for the awards ceremony began November of last year, however, athlete's nomination packages were not accepted until Jan. 1 of this year. Deadline for nomination packages was Jan. 20. This was a rigorous job, but everything came out great said Katina Cabrera, assistant athletics director. MWR.

"There were a few tough categories such as female athlete of the year, and senior male athlete of the year. The deciding factor was sportsmanlike conduct, and versatility in sports," Cabrera said.

There were many categories required for each participant to fill such as participation in intramural sports, races won, participation

in off-base athletic events, and volunteering as an official. Finally, each nominee was required to write a summary to why he or she should be chosen as athlete of the year.

There were several winners of the coveted sports award. Nominees, such as ABH1 Mark Cabrera, air operations, said that he didn't think he had a chance at winning anything.

"I was surprised when I won because I didn't think I would win. I am really surprised. MWR did a great job with the program," he said.

There are also those who had waited a long time to win an award, such as IT2 Vittorio Macluso, who has tried to win Senior Athlete of the year during the past three years. However, the streak would end this year, with Macaluso winning the award. "I am relieved that I finally won. I am also relieved to see recognition in something that I put a lot of effort in winning," he said.

There were also awardees that made MWR athletics a family event, such as CTRC Rick Gordon, who won male athlete of the year, and his wife Maria, who won

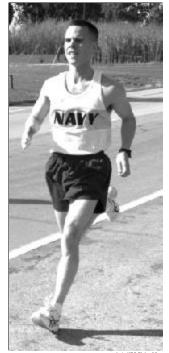
civilian athlete of the year. It was a good idea doing this as a family because we can spread the idea of good health and fitness together, they said.

Not only were athletes recognized, referees received awards too, with SK2 James Turner chosen as official of the year.

"This is an honor to be considered by my peers. Officiating is a team sport. You are relying on everybody, and you have to be knowledgeable," Turner said.

For those who supported the MWR athletic program, whether in participation, or management, the responsibility of maintaining its success was everyone's job. Due to the fact that there are no dominant athletic programs on base, the mission to continue supporting the programs sponsored by MWR continues on, as people come to Naval Station. Rota.

"Team building starts with a common goal that everyone has to buy into. Helping each other is the most critical element. This shows true character, both in athletes, and in life," said Ken Hudson, teacher, and coach at DGF High School.



#### photo/JO2 Ricky Allen

## Rojas first in MLK/FloJo 5K

Lt. Bill Rojas comes across the finish line to win first place in this year's MLK/FloJo 5K Run. The race was to commemorate famous African-Americans during Black History Month. More than 30 participants entered the race.

# **RGA Membership Tournament**

Come out for the first RGA membership tournament of the year, Feb. 24. The format is a 4-person scramble with a minimum team handicap of 55. The RGA will provide a handicap that matches with a player's ability. The RGA will also set up teams for players who do not belong to a team. The Rota golf course rents everything necessary to play. Unable to walk 18 holes? The course can set you up with the latest model of golf cart at a nominal charge. There are no excuses to miss this tournament. There will be food afterwards, and plenty of door prizes. Teams can also challenge other commands. The entry fee is \$10.00 per person, which includes green fees and entry fees. For more information call the Rota Pro Shop at ext. 2260.

## WHAT!? NO RUSS

The good news is that Russ didn't die. Russ was up to his elbows in work this week and didn't have time for the column that is normally on this page. The bad news is that Russ will be out of town for the next two issues. So the only way to get your weekly fix is to pick up a back issue.

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#8

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